## **Know Before You Go**

We're excited about your upcoming appointment at Sarasota Laser Hair Removal. Here are some important guidelines to make sure your treatment goes smoothly:

- 1. Make sure to shave at least 24 hours before your appointment. This helps us get the best results during your session.
- 2. If you're getting a facial treatment, please come with a clean face. Try to avoid wearing any makeup, as it can mess with the procedure and its outcomes.
- 3. It's important not to use any vitamin A creams on the treatment area for at least three days before your appointment. This helps minimize any potential issues and ensures you get the best results.
- 4. If you've recently had Botox or filler injections, we kindly ask that you wait at least two weeks before getting any laser treatments. This gives your body enough time to heal properly and reduces the risk of any bad reactions.
- 5. In order for us to effectively perform your treatment, we kindly request that you refrain from waxing the treatment area for at least one month prior to your appointment. It is important for the hair to be present in the follicle.

Should you have any questions, please do not hesitate to contact us before your appointment.

Sarasota Laser Hair Removal 941-371-4433