

## *Aftercare Treatment*

Cold (not frozen) packs should be applied immediately post-treatment to cool the treatment site, reduce swelling and ease discomfort. Pre-chilled 10x10 cm gauze pads, previously soaked with water may be used.

Care should be taken to prevent trauma to the treated area for the first four or five days following the treatment. Avoid hot baths, aerobic exercise, massage, etc.

**Exposure to Sunlight.** Patients should apply high factor sun protection (SPF>30), and protect the treated areas from exposure to direct sunlight for at least one-month post treatment. Tanning after treatment sessions may enhance melanin regeneration, which may result in hyper-pigmentation.

**Makeup.** Makeup may be applied on the day following treatment unless blistering or crusts develop. Since the skin is sensitive during this period, take special care while removing makeup to avoid damage to the skin, which can predispose the site to infection.

## **Follow-Up**

Measures presented below are only the manufacturers recommendation for follow-up. They may serve as a basis for defining your treatment regimen.

Patient should return between four to eight weeks for additional treatment, if necessary.

If there has been partial hair clearance, treatment should be continued and the patient should return between four to eight weeks for additional treatment if necessary. If no change is noted treatment parameters should be changed. Please advise your practioner if this occurs.