

After care for Erbium pixel- Fractional Ablative Skin Resurfacing

- Cool area with ice pack
- Apply Moisturizer immediately after treatment and as needed for up to 24 to 48 hours.
- After the treatment the skin becomes red or appears sunburned for 24 to 48 hours.
- Sleep elevated and use cold compress as needed for the first 24 hours.
- Keep skin moisturized. Apply sunblock on top of moisturizer.
- Mild to moderate discomfort for 12 to 48 hours.
- Pixel texture and flaking for 3 to 5 days post-treatment- It is extremely important to NOT PICK AT YOUR SKIN! (you could cause scarring, hypo/hyper pigmentation)
- On Day 5, you may gently exfoliate.
- May experience itching. This is your body's response to healing.
- Down time is decreased with subsequent treatments.
- Everyone heals at a different pace. Therefore; estimated recovery is 7 to 10 days depending on area.
- Number of sessions: 3 to 5; depending on desired result.
- Treatment interval: 4 weeks apart.
- Results will continue to improve over 6 months once treatments are complete.